

Building & Developing

Excellence, Creativity

and Resiliency





### Who are YOU as a LEARNER?

□ Overview

- □ Introductions: Community Circle, Stand up If...
- □ Where do I stand?
- □4MAT
- □ Self Test & Graph
- □ Museum Walk Reflection
- □ Who am I? Cutouts
- □ CLOSURE: Community Circle: Quotes to Live by

### a) When it comes to conflict, I

- 1 avoid it.
- 2 think about it and what I should do.
- 3 try to solve it.
- 4 have an "I don't care" attitude.

### b) When I have to do something I don't want to do, I

- 1 worry about it.
- 2 just suck it up and do it.
- 3 just do it, but with my own twist to it (on my own terms).
- 4 spend time making up an excuse that will get me out of it.

### c)) When I really want to learn something,

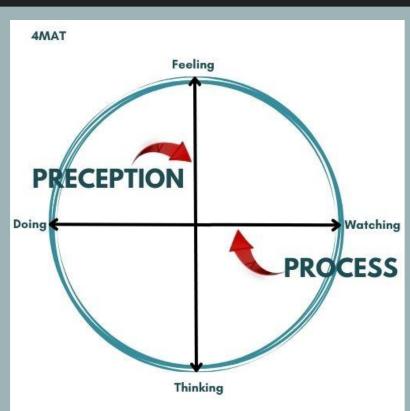
- 1 learning it will depend on how much I like the person teaching it.
- 2 read it and study it.
- 3 try it first, and then read the manual if its really needed.
- 4 give me a good reason to do it, and then let me teach someone else.

### d) When it comes to homework or work outside of my work hours, I

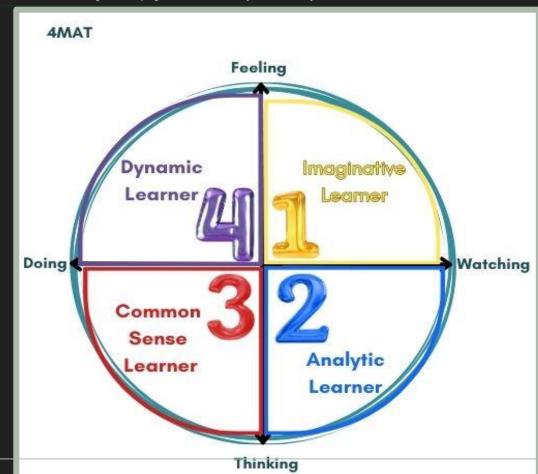
- 1 want someone to help me get started.
- 2 want step by step directions on how should be done and how long it will take.
- 3 can do it all in my head and don't like to be told how to do it.
- 4 -wonder "what if I don't do it?"

# 4MAT Learning Model & Styles...

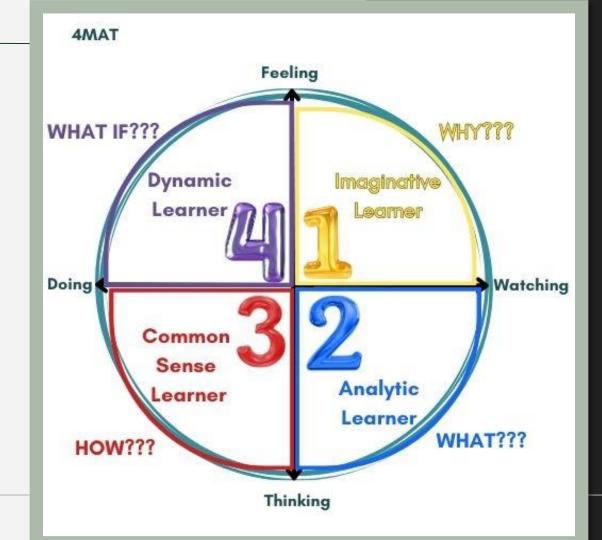
Bernice McCarthy

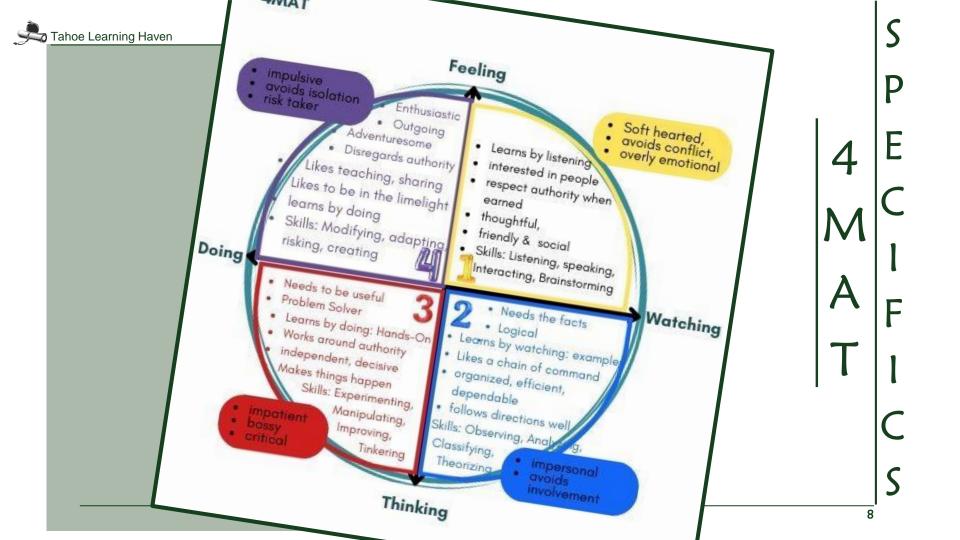


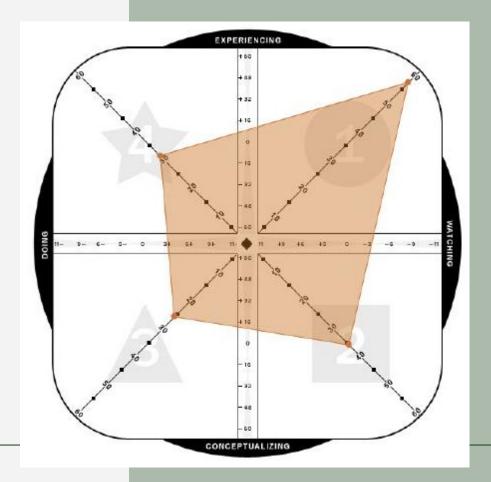
# 4MAT Learning Styles











Don't make waves...go with the flow.

Take the bull by the horns.

Lead, follow, or get out of the way.

Carpe Diem...seize the day!

When you reach the end of your rope, tie a knot and hang on.

Leap: the net will appear!

When you're going through hell, keep on going.

The secret to getting ahead is getting started.



## tes to Live By, or NOT@

# Get in Touch!

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